June 17, 2017

Step It Up Basketball

Colby Sawyer College

541 Main Street

New London, New Hampshire 03257

Dear Sir or Madam,

My name is Akemi Raish. I am a Certified Athletic Trainer and Corrective Exercise Specialist. I acquired a Master’s degree in Rehab Science, and a Bachelor’s in Athletic Training. Please accept this letter and resume as my formal application for the position of Athletic Trainer at Step It Up Basketball.

I spent the last school year in Shanghai, China as Head Athletic Trainer at a secondary international school communicating with and treating middle school and high school athletes from over 50 countries. In China, it was such a rewarding experience working with young athletes. Not only did I feel like I was able to make a positive impact on the athletes, I was also able to encourage them to return to their sport sooner than they expected.

I think I can be an immediate asset to your staff and young student-athletes because I am passionate about my profession, a valuable compassionate leader, and driven to provide outstanding and respectful service and communication when interacting with athletes, parents, coaches and fellow healthcare professionals. I have spent six years in the NCAA collegiate setting, but I have several youth camp experiences including gymnastics, football and basketball over the last 8 years. In my career, I have had the opportunity to work with diverse populations.

I follow the NATA’s code of ethics, and am in good standing. Thank you for considering my application. Please feel free to contact me for any clarification you may desire or to arrange an interview at Akemi.Raish@yahoo or (850) 292-2265.

Sincerely,

Akemi Raish

**Akemi Raish, MS, ATC, SCAT, CES**

**Charlotte, North Carolina • (850) 292-2265 • Akemi.Raish@yahoo.com**

**EDUCATION**

**Master of Science - Exercise Science & Health Promotion/ Rehab Science May 2015**

California University at Pennsylvania, California, PA

**Bachelor of Science – Health, Leisure & Exercise Science/ Athletic Training May 2010**

University of West Florida, Pensacola, FL

**ATHLETIC TRAINING EXPERIENCE**

**Offense-Defense Football Camps- Nashville & Charlotte June 2017**

**Certified Athletic Trainer, Football**

* Provided medical coverage 24/7 at overnight camp
* Established and implemented emergency action plans
* Distributed prescription medications as directed
* Reviewed physicals prior to football activity
* Provided outstanding parental customer service

**XpertHealth- Shanghai, China August 2016- May 2017**

**Head Athletic Trainer and Sports Performance Specialist, Professional American Arena Football,**

**Basketball, Soccer, Volleyball, Swimming**

* Created and led a team of fellow sports performance specialists and business developers
* Established medical coverage, inventory, medical documentation and safety policies at international school
* Medical services at community events, including Professional American Arena Football
* Built the concept of a medical provider where none had previously existed at international school
* Introduced stretching, prevention, and conditioning programs to international teams
* Conducted VO2Max tests as well as sports performance and corrective exercise tests for adult clients
* Succeeded in international communication with several different nationalities

**Winning Health- Mount Pleasant, SC October 2015- July 2016**

**Certified Athletic Trainer, Patients of All Ages**

* Supervised, scheduled, and delegated to staff
* Ordered and kept inventory of all medical supplies, medications, and Durable Medical Equipment (DME)
* Conducted insurance communications for DME pre-certifications, eligibility and benefits
* Applied and removed casts, splints, and DME for patients
* Gathered patient vital signs, history, inbound and outbound referrals
* Efficiently completed administrative tasks: check-in, check-out, phones, taking and posting patient payments
* Assisted with corticosteroid, viscosupplementation, and PRP injections using a musculoskeletal ultrasound
* Organized X-Ray documentation and DHEC inspections
* Initiated purchase of in-practice AED
* Transcribed patient notes

**Johnson C. Smith University- Charlotte, NC August 2013- October 2015**

**Assistant Athletic Trainer, Men’s and Women’s Basketball, Football, Softball, Women’s Volleyball,**

**Men’s and Women’s Track and Field/Cross Country, Bowling, Golf, and Tennis**

* Served as preceptor/supervisor for local athletic training program students**-** scheduled, evaluated, delegated
* Spearheaded transitioning all paperwork to electronic documentation to comply with federal standards
* Improved compliance by reviewing and updating all sports medicine policies
* Shared medical coverage and administrative duties of 13 sports simultaneously with supervisor
* Kept coaches up-to-date on athletic injuries, illness, and allergies regularly
* Collected bids and assisted in ordering all medical supplies and keeping inventory
* Communicated with school insurance company regularly and filed student-athlete insurance claims
* Organized referrals, doctor appointments and surgeries and ensured transportation to every appointment
* Coordinated two separate on-campus weekly physician clinics
* Stayed up-to date on all equipment servicing

**Claflin University- Orangeburg, SC September 2010- August 2013**

**Head Athletic Trainer, Men’s and Women’s Basketball, Baseball, Softball, Women’s Volleyball,**

**Men’s and Women’s Track and Field/Cross Country**

* Launched a Sports Medicine Program where a program had not existed
* Institutedpre-season conditioning programs, resulting in Baseball earning Regional Championship
* Solely provided medical coverage for 9 simultaneous sports with 150 athletes
* Formed relationship with Walgreens Pharmacy to avoid up-front prescription cost for athletes
* Transferred companies for physicals and sickle cell collections for better healthcare and costs
* Planned, developed, and implemented Student First Responder Program to compensate for our

short-handedness in which I trained, scheduled, evaluated, and delegated to 8 students for assignment

to the various teams within athletics

* Corresponded with school insurance and campus nurse regularly
* Originated the new and current policy to require all athletes to have insurance to participate
* Introduced the addition of the current position of Assistant Athletic Trainer
* Produced all safety policies including Emergency Action, Lightening, Concussion, and Sickle Cell
* Initiated EMS coverage for various athletic events for the first time
* NCAA Drug Testing Site Coordinator
* Synchronized appropriate treatment for student-athletes’ injuries during summer and winter breaks
* Maintained outstanding relationship with student-athletes

**International Gymnastics Camp- Stroudsburg, PA August 2010**

**Certified Athletic Trainer, Gymnastics**

* Served as lead medical responder for entire camp of several hundred campers
* Provided athletic training services to youth gymnastics 24 hours/day for 3 weeks
* Responsible for training AT students/staff in difficult spine boarding techniques in gymnastics foam pit
* Developed an encouraging, motivating rapport with the youth athletes
* Maintained professionalism and fantastic customer service when engaging with parents

**Pensacola Pelicans- Pensacola, FL May-August 2008**

**Volunteer Athletic Training Student, Professional Baseball**

* Performed basic First Aid for players
* Assisted Certified Athletic Trainer in injury care as able
* Set up and tore down water coolers and water bottles for all home games and practices

**CERTIFICATIONS/ MEMBERSHIPS**

* NATABOC Certified Athletic Trainer BOC #2000004265
* Corrective Exercise Specialist #1511463
* Virginia Licensed Athletic Trainer #0126002776
* South Carolina State Certified Athletic Trainer SCATA #1186
* First Aid, CPR/AED for the Healthcare Provider – expires 04/2019
* NPI #1225446057
* NATA Member #1019027

**SYSTEM ABILITIES**

* Spearheaded going paperless on and can easily operate Athletic Trainer System (ATS) software
* Facilitated concussion testing on ImPACT system
* Successfully learned and transcribed for physician on EMR system
* Set up and organized new Student Medical Record Software (Magnus Health)
* Proficient in Microsoft Office, Internet, and Email
* Trained to operate VO2Max testing equipment and main therapeutic modalities
* Efficient in taping, wrapping, or padding anything to prevent injury and provide comfort